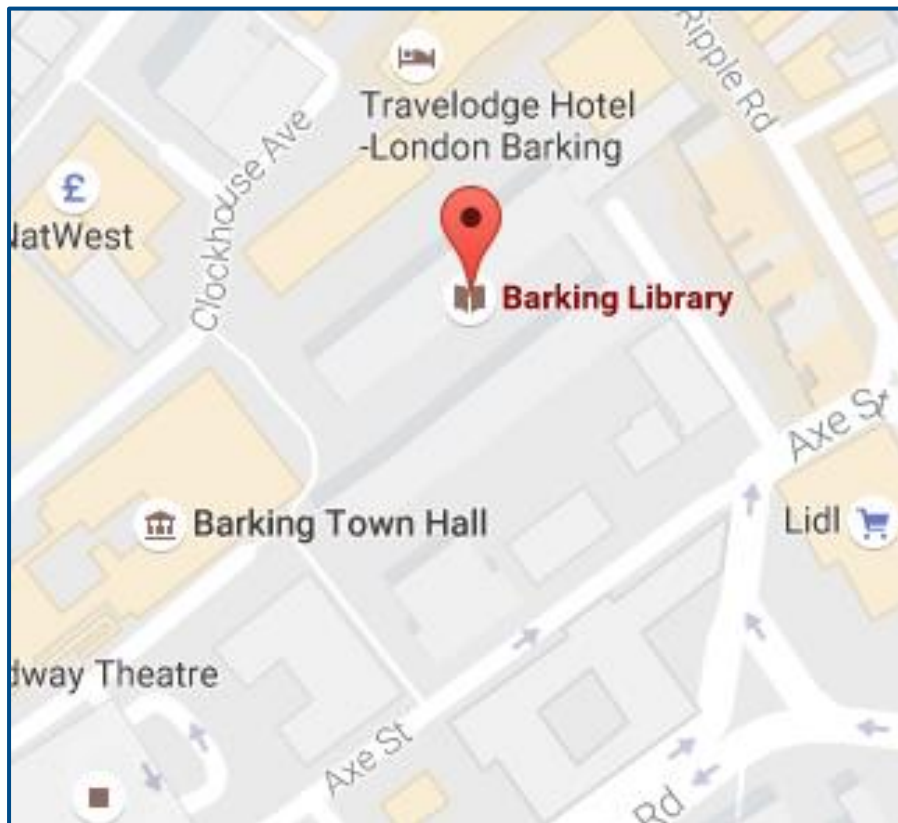


Citizens Advice Barking & Dagenham Drop-In Opening Times



**Citizens Advice
Barking &
Dagenham**
Barking Learning
Centre
2 Town Square
Barking
Essex
IG11 7NB

Drop-In Advice

Opening Times

Mon: 09.00 - 14.00
Tue: 14.00 - 20.00*
Wed: 09.00 - 14.00
Thu: 14.00 - 20.00*
Fri: 09.00 - 14.00

*** Arrive by 7pm
Tuesday and Thursday**

Telephone Advice Line

Mon: 14.00 - 17.00
Tue: 09.30 - 14.00
Wed: 14.00 - 17.00
Thu: 09.30 - 14.00
Fri: 14.00 - 17.00

0208 507 5969

Please ensure you have all relevant paperwork at hand related to your enquiry. All calls are treated confidentially.



**Barking &
Dagenham**

Our Website: www.bdcab.org.uk

Universal Credit – Help to Claim line: 0800 144 8444
08.00-18.00 Monday to Friday

Citizens Advice Consumer Helpline: 03454 040 056
9.00-17.00 Monday to Friday